

# Thrombophlebitis

Primary Care Trust Clinical Assessment Service

## Management

### **Primary Care management includes**

- diagnosis and treatment of uncomplicated superficial thombophlebitis
- diagnosis and treatment of septic thrombophlebitis unless admission to hospital required

### **Specialist Management**

- Urgent
- assessment and treatment of suspected DVT
- assessment and treatment of septic thrombophlebitis
- Non urgent (mainly)
- investigation of underlying causes

# When to refer

#### Emergency [liaise with on-call specialist or refer to A&E]

- suspected deep venous thrombosis (DVT)
- presence of chest pain or dyspnoea (possible PE)
- suspected septic thrombophlebitis

### **Refer to CAS**

- recurrent thrombophlebitis with no obvious explanation requires further investigation
- migratory thrombophlebitis may be an indication for a more detailed evaluation of the gastrointestinal tract in search of a malignant lesion, and a more extensive work-up for antithrombin III, protein C or protein S abnormalities
- if varicose veins care pathway recommends referral

#### Refer to RARC

if the patient does not meet the referral criteria above consider referral to CAS requesting a RARC appointment.