

## Management

### Primary Care management includes

- Exclude other serious pathology e.g. ectopic pregnancy
- Analgesia is usually the preferred therapy
- Hormonal treatment, including the combined oral contraceptive (COC), progestogens, danazol, gestrinone, and gonadotrophin-releasing hormone (GnRH) analogues.

### Specialist management includes

Surgical treatments:

- Conservative treatment includes thermal or laser ablation, excision, ovarian cystectomy and denervation procedures
- Radical treatment is hysterectomy with salpingo-oophorectomy

## When to refer

### Refer to CAS

- Refer all women with suspected endometriosis: a definitive diagnosis can only be made by laparoscopy.
- If there is inadequate response to treatment

### Refer to RARC

- if the patient does not meet the referral criteria above consider referral to CAS requesting a RARC appointment.